



School Information:

2nd grade lunch: 11-11:30
 1st grade lunch: 11:30-12:00
 Kindergarten: 12:00-12:30



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday



Wednesday

Thursday

Friday

Pasta w/ Meat Sauce
 Salad w/ Ranch
 Garlic Bread
 Fruit **4**

Hamburger on Bun
 Lettuce and Tomato
 Baked Beans
 Fruit **5**

Taco on Shell
 Refried Beans
 Veggie
 Fruit **6**

Pizza
 Corn
 Goldfish Cookie
 Fruit **7**

Toasted Ravioli **1**
 Meat Sauce
 Breadstick
 Veggie
 Fruit

Green Eggs and Ham **8**
 Tri Tater
 ½ orange
 Biscuit
 Juice

Beef Nachos w/ Cheese **11**
 Salsa
 Fritos
 Veggie
 Fruit

Chicken Pot Pie **12**
 Mashed Potatoes
 Biscuit
 Veggie
 Fresh Fruit

Chicken Patty/ Bun **13**
 Au gratin Potatoes
 Veggie
 Fruit

Pizza **14**
 Veggie
 Fruit
 Cooke

11:10 Dismissal **15**
 PB and J
 Goldfish
 Veggie
 Fruit

Chicken Noodle Soup **18**
 Grilled Cheese
 Fruit
 Veggie

Cheese Burger/Bun **19**
 Fries
 Veggie
 Fruit

Salisbury Steak **20**
 Mashed Potatoes
 Bread Slice
 Green Beans
 Peaches

Cold Cut Sub **21**
 Chips
 Mixed Veggies
 Pears

Bosco Stick w/ Marinara **22**
 Salad w/ Ranch
 Fresh Carrots
 Fruit

Chicken Nuggets **25**
 French Fries
 Veggies
 Fruit

Spaghetti **26**
 Salad w/ Ranch
 Garlic Bread
 Fruit

Pulled BBQ/ Bun **27**
 Au Gratin Potatoes
 Peas
 Fruit

Corn Dog **28**
 Tri Tater
 Mixed Veggies
 Fruit

Cheese Pizza **29**
 Fresh Carrots
 Green Beans
 Fruit Cocktail